

# NATURAL PETS ONLINE

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## Crystals for Animals

**An introductory guide to choosing and  
using Crystals with your animals.**

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## Crystals for Animals

*This is by no means an exhaustive list, and there are many interpretations on the use of each crystal. Be guided by what you feel is the right choice for your pet. Alternatively, use a pendulum to make your decision.*

Crystal Healing is by no-means a new phenomenon. What is new is the increasing number of people who are drawn to look at alternatives to “western” or “traditional” medicines. If you are one of those people, then I congratulate you. Welcome to the Journey! I hope this guide will introduce you to a few crystals that you can try. I have also included some links to excellent reference books you may want to look at adding to your library.

### How do crystals work?

I believe in magic, and I think that's a little bit of what every crystal holds ... magic! It has been discovered that every organ in the human (and animal) body vibrates to a certain frequency. So too do crystals, vibrate at a frequency. By matching these frequencies we are able to re-balance, or re-tune our bodies.

Sometimes the crystals also introduce a new energy into the pet's energy field, thereby uplifting them, or bringing them the ease from pain or grief they need at that time.

For an introduction to the history of crystals and an in-depth guide to each crystal refer to [“Crystal Healing for Animals”](#) by Martin J. Scott and Gael Mariani” published by Findhorn Press.

### How can I use crystals to help my animal?

The simplest way to use crystals is to purchase a couple of crystals, pop them into a little bag (so that we humans can find them again) and leave them somewhere near where your pet lies.

Animals can be very sensitive to the energy of crystals. They will lie close to the crystal when they need the energy. They also NEED to be able to remove themselves from the crystal when they have had enough. I have not found it necessary to tie the crystal to their collar or horse blanket, or anything like that.

For a dog or cat, just pop the little crystal bag onto a separate blanket in a quiet corner where they can go to relax. Please do make sure it is somewhere where no other animal or young child will pick it up and



swallow it. Some crystals cannot be immersed in water, so it is best kept out of the weather. Another good place to put them is by the feed bowl or bucket for the horse or pony.

Renown animal healer, Margrit Coates, has written a book titled "[Hands-on Healing for Pets](#)" and in this she shows some easy ways to connect more with your pet. Margrit talks about the animal's chakras, horoscopes and their thoughts about 'death'. Do have a look at this book and consider purchasing it if you can.

## Preparing the crystal

I always like to "cleanse and charge" my crystals before I use them. You can make this as simple or as ritualistic as you like. Here are a few ways for you to consider which suits you best.

1. Hold the crystal under running water - a river stream, an ocean wave or the kitchen tap. Be sure to mentally and/or verbally bless and give thanks to the water for the healing energy and love that it brings to your crystal. Visualise or ask that your crystal be empowered with all the traits of "crystal name" and that it bring healing for the highest good of all.
2. Smudge the crystal by holding it above the aromatic smoke from an incense cone or stick. You can smudge using white sage, which is traditional for releasing negative energies, or cedar, sandalwood and frankincense are equally good. As above, bless the incense and visualise your crystal being empowered with all its wonderful traits and ask that it be for the highest good of all.
3. Spray your crystal with a flower essence or aromatherapy spray. Bless and empower the crystal as I have mentioned above.

You can also place your crystal in the moonlight or sunlight for a while to energise it. Some of the paler colour crystals don't like to be out in the sun too long as they start to lose their colour, so just keep an eye on them won't you.

The water we use to cleanse our crystal needs to be blessed. If you haven't yet read any of [Dr Emoto's](#) work with water then please take a look as soon as you can. Dr Emoto has taken photographs of water that has been energised by prayer or written words and the amazing crystals that form. A powerful, visual proof that positive thoughts do make a difference.



## Choosing a crystal

Here is something that everyone can do. Your animal will not be harmed if you have chosen the “wrong” crystal. Choosing a more appropriate crystal is great... and more is not necessarily better in this case.

You can use a pendulum to guide your choice. Choose a piece of your own jewellery to use as a pendulum, or a small chain with something light on the end of it. When you are feeling relaxed and in a “good space” ask the pendulum to show you a yes. Thank it, and then ask it to show you a no. This can take a bit of practise. Keep trying until you can find the way it works best for you. When you get clear signals from the pendulum, hold the crystal in the other hand (easy for you to focus on it then) and ask the pendulum if this is the best crystal for your pet at this time. If you don't have the crystal to hold, you can simply write down the name of the crystal, or focus on a picture of it.

I have outlined below some of the crystals that work well with animals and are easy to purchase.

Crystals have many interpretations, and what I have written here is by no means the definitive guide. The retailer you purchase your crystals from may also have some ideas on what you can use. Sometimes I prefer to use the naturally formed crystals, rather than the tumbled ones, but it is personal preference.

Himalayan Crystals are also amazing. I once gave one to a friend who put it in their bedroom where the dog slept, leaving it burning all night. Her ailing dog had the best nights sleep when his crystal was on. Indeed they are powerful and effective at ionising the air; mine is rarely turned off.

## Amethyst

Eases the pain of losing or being apart from a loved one.

Soothes fears and stresses.

Use in times of bereavement, grief, fear, separation and panic attacks.

Chakra: Brow and Crown



## **Lapis Lazulli**

Aids assimilation of vitamins and minerals.  
Flushes toxins from the body.  
Helps with physical ailments, poor dietary assimilation and respiratory problems.  
Chakra: Throat and Brow

## **Black Tourmaline**

Balances and regulates the hormones.  
Protection against negativity and background radiation from computers etc.  
Chakra: Base

## **Malachite**

Corrects left/right brain imbalances  
Breaks unwanted compulsive patterns of behaviour  
Training problems  
Travel sickness  
Chakra: Base, Sacral, Solar Plexus and Heart  
Note: Do not immerse this crystal in water.

## **Clear Quartz**

Amplifies and directs energy for improved healing.  
Reduces pain, inflammation, damaged nerves and scar tissue.  
Highly-strung or hysterical animals  
Chakra: All

## **Smoky Quartz**

Grounds, calms and sedates.  
Helps adjust to life changes  
Helps keep accident or trauma victims calm.  
Shock and Stress  
Chakra: Base, Sacra and Solar Plexus



## Rose Quartz

Heals effects of past abuse.  
Dissipates fears, engenders confidence and love.  
Nervousness and resentment.  
Chakra: Heart and Throat

## Amber

Reproductive organs.  
All-round healing- helps to draw out the pain – effective with arthritis  
Energising and re-balancing  
Chakra: Solar Plexus and Throat

## Citrine

Detoxification  
Digestive problems  
Abdominal tumours  
Chakra: Base, Solar Plexus, Sacral and Crown

### Reference:

Coates, Magrit (2003) [Hands-on Healing for Pets](#). The Animal Lover's Essential Guide to Using Healing Energy. Rider: London.

Mariani, Gael & Scott, Martin J. (2002) [Crystal Healing for Animals](#). Findhorn Press: Scotland

Emoto, Masaru (2006) [The secret life of water](#). Simon & Schuster Ltd:London